



Distance: 6km
Time: 1 1/2 - 2 hours
Type of route: Surfaced paths and forest roads with gentle gradients.
Possible users: Walkers/cyclists /horses in forest
 (horse box parking area near Milton car park)

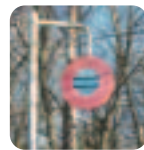
Leave Aberfoyle by the B829 (marked Inversnaid) and follow this road beside the River Forth for 2kms as far as Milton. Turn left, cross a bridge and go right at the fork. Then bear left and follow a forest road to a large car park by a junction. Go into the car park and take the path going downhill just beyond the notice board.

The path leads to another river, and crosses a bridge. Follow it as it wanders through native woodland above the riverbank before swinging right into denser woods. At the next junction bear left for Lochan Spling. Follow the shore; at its far end the track bends sharply right before reaching a four-way junction. Turn left to return to the village, passing the historic Inchrie Castle Hotel, and turn left at the road junction back to the car park.



Distance: 1km
Time: 20-30 minutes
Type of route: Surfaced cycleway and informal footpath. Mainly level with one small incline.
Possible users: Walkers

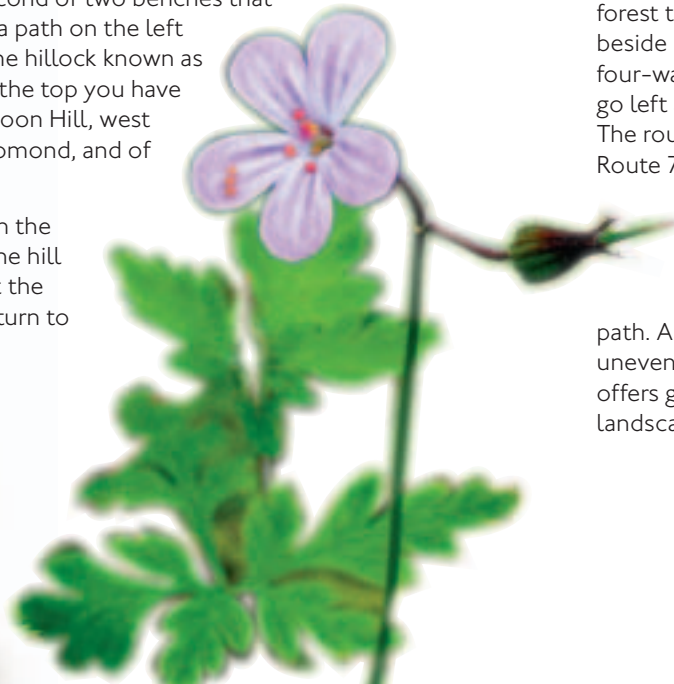
The wildlife site is rich in plant life, attractive to a great diversity of invertebrates. The abundance of summer flowering plants provides food for many species of butterfly.



From the Wool Centre look for the blue and red sign and follow the tarmac National Cycle Route 7.

Cross a wooden footbridge over a burn, the Allt a' Mhangan, and turn right into the wildlife site at the plinth marking its entrance. The path follows the burn, which joins the River Forth after 150m. Continue by the river for another 400m, and just beyond the second of two benches that you pass, take a path on the left that leads to the hillock known as Rabbit Hill. At the top you have fine views of Doon Hill, west towards Ben Lomond, and of Craigmore.

Continue down the other side of the hill and turn left at the cycleway to return to the car park.



Distance: 4.5km
Time: 1- 1 1/2 hours
Type of route: Generally level on surfaced paths and forest roads.
Possible users: Walkers/cyclists /horses

This route goes through mature, productive forest with a mix of regenerating and expanding native woodland. Enjoy the open views and the peace, tranquillity and diversity of the forest.

From the west end of the car park, cross the stone bridge into Manse Road. Pass the old kirkyard which contains the grave of Rev Robert Kirk (1644-1692), the Faerie Minister, and bear left at the next road junction. The tarmac ends and as you enter the forest there is a short rise beside Doon Hill before the road descends to a four-way junction where you go left. After 500m go left again where a path leaves the forest road. The route crosses the river and joins National Cycle Route 7 along the old railway. Turn left and follow it back to the village.



An additional loop or extension to the path (marked on the map with white dots) follows a well-defined but much rougher path. Although its surface is narrow, generally uneven and sometimes muddy, it is attractive and offers good views of the forest and the surrounding landscape.

A NATIONAL PARK FOR EVERYONE

Loch Lomond and the Trossachs National Park covers 720 square miles (1,865 square kilometres) of varied countryside, from the rolling hills of the Lowlands to the mountains and lochs of the Highlands. The National Park Authority aims to care for the area's natural and cultural heritage and use its resources wisely. Through our visitor facilities, publications and programmes, we help people understand the Park and enjoy it; and we work with the Park's communities to sustain their economic and social development.

parkpaths

If you would like further information about paths in the National Park please contact:

Trossachs Area Ranger Team
 Aberfoyle Discovery Centre
Tel 01389 722110

or

Loch Lomond & The Trossachs
 National Park Headquarters
 The Old Station, Balloch, G83 8BF
Tel 01389 722600

email: info@lochlomond-trossachs.org
web: www.lochlomond-trossachs.org

Large print version of this leaflet is available on request

Photographs have been kindly supplied by:
 Members of the Strathard Paths Group and Loch Lomond & The Trossachs National Park Authority.

Printed on recycled paper

Aberfoyle



ALL-ABILITIES LOOP



Distance: 700m +
Time: Dependent on ability
Type of route: Level, surfaced paths & cycleway
Possible users: Wheelchair users/ walkers/cyclists

At the west end of Main Street by the Bank of Scotland, follow the A821 steeply uphill, signed to Callander (National Cycle Route 7). After 400m and just beyond the end of the pavement turn right up a flight of slate-built steps. At the top of these the path bears right and after 70m leads to a junction where you go right, signed "Oak Coppice Trail". After 50m the path turns sharply right again, and leads downhill for 250m. It then climbs steeply for a few metres and enters the enclosure of the Oak Coppice Project, which shows how timber was managed more than a century ago to encourage renewal. Turn left at each junction.



Shortly after leaving the enclosure the path follows a burn, Allt a' Mhangan. Stay on the same side of the burn and after 400m bear right at a junction, passing an attractive

Distance: 2.5km
Time: 45min – 1 hour
Type of Route : Easy walking on surfaced paths, but 75m of ascent and a steep descent from Lodge.
Possible users: Walkers

National Cycle Route milepost to reach Little Fawn falls, named from the burn.

These roaring waterfalls, celebrated by poet William Richardson (1743–1814), are about 16 m. high. Once they were named MacGregor's Leap, recalling Rob Roy. The path winds up to the left from the notice-board for 300m; beyond here there is choice of routes to the David Marshall Lodge over to the left. This was slate-built in 1960 as a focal point for the Forest Park. A viewpoint commands a magnificent prospect, westwards towards Ben Lomond, southwards to the Fintry, Campsie and Kilpatrick Hills, and, eastwards, of the Carse of Stirling dominated by Stirling Castle.

Leaving the viewpoint the path drops downhill from the timber-built terrace and crosses NCR7. A short distance below the cycle track keep straight ahead at a signpost to rejoin the outward route.

Follow the Little Fawn falls walk to the path junction 70m beyond the top of the steps. Now go straight ahead, signed "David Marshall Lodge" and after 40m turn right on to National Cycle Route 7. Follow this to the notice-board below the Little Fawn falls. The path now winds up to the left, and after 200m crosses a miniature stone bridge.



Immediately after this turn right up a path that leads quite steeply up to the road, crosses it and zig-zags up the open hillside. At the second zig-zag keep left and not straight ahead. Further up the path steepens and eventually reaches a slate-built embankment, which is a relic of the dismantled tramway that connected Aberfoyle with the slate quarry

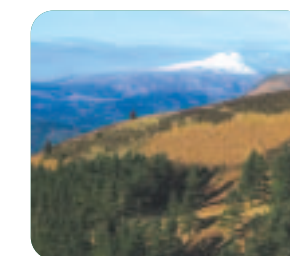
to the north. Turn left on to the trackbed and traverse for 250m to a point where it suddenly drops away steeply. If you wish to shorten the walk you can descend directly from here.



The Craigmore path, however, leads up to the right, very steeply at first before easing. This section can be muddy. After a dip it climbs to the summit which has a small cairn. Enjoy the surprise view to the west across Loch Ard with Ben Lomond towering over it and the Arrochar Alps to the right.

Distance: 5km
Time: 2–3 hours
Type of route: Upper section very steep & strenuous on rough hill paths. 360m of ascent/descent. Boots essential.
Possible users: Walkers

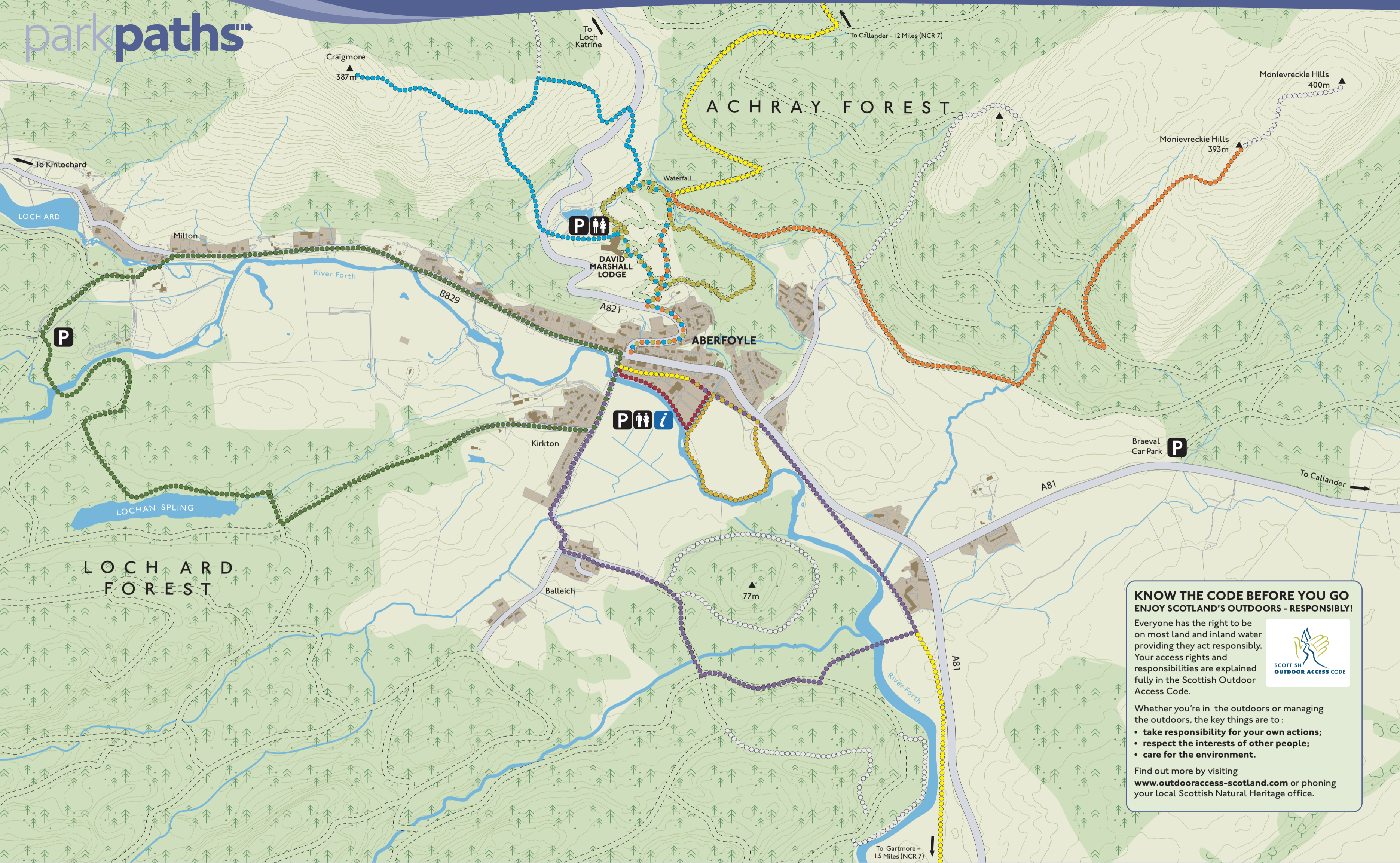
Follow the Craigmore walk almost as far as the Little Fawn falls. 150m before the falls cross the burn by a footbridge, go right to join a forestry road, turning right on to it. This road runs above Dounan's Outdoor Centre and the golf course, and after about 1.5km look out for a path on the left immediately after the road crosses a small burn. Follow this path steeply up to join another forestry road; turn right for 300m and then sharp left at a junction. After 350m look out for a path on your right, shortly before a hairpin bend where the road crosses the burn.



This path leads through woodland up to a gate which gives access to open ground with the Monievreckie Hills ahead. The path is faint in places, but you should aim for the crest of the ridge at a point just before it steepens noticeably, then climb to the first summit (393m).

The views extend from Arran, 70km to the south-west, to the twin peaks of Ben More and Stobinian to the north-west. For most people this will be far enough, as the continuation to the 400m summit initially involves an ankle-wrenching descent to a dip in the ridge. Return by the same route – do not attempt to descend the precipitous south-eastern flank of these hills.

Distance: 9km
Time: 2 1/2 – 3 1/2 hours
Type of route: Steep & strenuous in places. Rough hill path towards summit. 370m of ascent/descent. Boots essential.
Possible users: Walkers



KNOW THE CODE BEFORE YOU GO
ENJOY SCOTLAND'S OUTDOORS - RESPONSIBLY!

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

Whether you're in the outdoors or managing the outdoors, the key things are to:

- take responsibility for your own actions;
- respect the interests of other people;
- care for the environment.

Find out more by visiting www.outdooraccess-scotland.com or phoning your local Scottish Natural Heritage office.



ABERFOYLE PATHS

Local paths with something for everyone:

- for residents and visitors
- for walkers, cyclists, horse-riders, dog walkers, buggy pushers, joggers
- to help you be more active and healthy
- to help you enjoy the countryside and the National Park's special qualities

The seven walks in this leaflet all start and finish at the main car park in Aberfoyle. They range from short strolls in the vicinity of the village to more demanding hill-walks further afield where appropriate footwear is essential.

Aberfoyle sits on the Highland Boundary Fault, the geological crumple zone running diagonally across Scotland where two ancient continents collided.

Rolling farmland to the south and east ends abruptly in a rampart of steep hills where the Highlands begin. The landscape you will walk through is one of great contrasts, with a wonderful blend of river, loch, forest, mountain and moorland. Against this backdrop, history and legend intertwine. This is the land of Rob Roy, whose exploits were romanticised by Sir Walter Scott. And Aberfoyle is at the centre of one of Scotland's most celebrated supernatural events with the strange tale of Reverend Robert Kirk, who vanished on nearby Doon Hill, allegedly spirited away by fairies. This leaflet part of a series of **parkpaths** promoting opportunities to travel around the National Park on its extensive network of paths.

KEY

●●●●●●●●	ALL-ABILITIES LOOP	Parking
●●●●●●●●	LITTLE FAWN FALLS LOOP	Toilets
●●●●●●●●	CRAIGMORE	Tourist Information
●●●●●●●●	MONIEVRECKIE HILLS	National Cycle Route
●●●●●●●●	MILTON & LOCHAN SPING	Other Link Routes
●●●●●●●●	WILDLIFE CIRCUIT	
●●●●●●●●	FAIRY KNOWE	

	Roads
	Forest Tracks
	Rivers
	Plantation
	Woodland
	Mixed
	Residential



The maps in this leaflet are for illustrative purposes only. Always equip yourself with the appropriate map.

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