Want to sail by steamship along legendary Loch Katrine or picnic on the bonny banks of Loch Lomond? How about swinging through the forest treetops, cycling amongst woodland sculptures or strolling through ancient oaks? You can do all this and much more in the Forest Park – or sit back and soak up the stunning views.

Where the Highlands begin

You're at the start of something exciting here - see how the land rears up dramatically above the gentle green lowlands, taking you on a journey into the wilder highlands. The Forest Park encompasses some of Scotland's best-loved **locations**, from magnificent **Ben Lomond** and the rolling Trossachs hills to sparkling Loch Katrine and the craggy tops of **Strathyre**.



Watch out for wildlife

The forests here are alive! You'll be amazed at what you can hear and see, from tiny butterflies and colourful dragonflies to majestic red deer and golden eagles. Watch favourite woodland birds and busy red squirrels at The Lodge and, in summer, you might spot an **osprey** fishing on one of the lochs...

The best views in Scotland

Use this leaflet to help you explore and enjoy these iconic Forest Park places in the heart of Loch Lomond & The Trossachs National Park. For more information, visit The Lodge Forest Visitor **Centre above Aberfoyle** – you'll always find a friendly welcome here and the café has one of the best views in Scotland!





Forest Park Favourites

There are **spectacular views** and perfect picnic spots as well as great trails and wonderful wildlife at all these favourite Forest Park places...

The Lodge Forest **Visitor Centre** A great place to start

Loch Ard

Aberfoyle

Loch Katrine Explore this legendary loch by steamship, by your forest adventure. bike or on foot.

Three Lochs Walk or cycle these tranquil lochside woods, watching out

Forest Drive An easy and scenic adventure into the heart for wildlife sculptures. of the Forest Park.

East Loch 6 7 8

Explore tranquil woodland trails here on foot and by bike for spectacular views and wonderful wildlife.

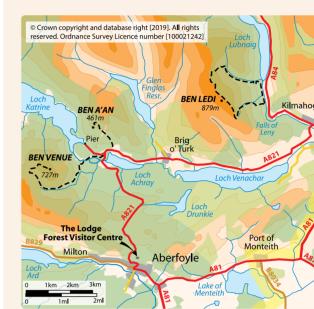
Discover ancient oakwoods on the bonnie banks of Loch Lomond.



Feeling energetic?

Head for the hills

Experienced walkers can aim for the spectacular summits of Ben A'an, Ben Venue, Ben Ledi and Ben Lomond (start at Rowardennan) from the Forest Park. **These** are very rewarding but strenuous unmarked routes, so be sure you are properly equipped.



Take to the long distance trails

The Forest Park is also criss-crossed by celebrated long distance routes, including the famous West Highland Way and the Rob Roy Way. Look out for two historic routes from Aberfoyle - the Statute Labour Road to Loch Arklet and the old military road to Loch Lomond - which are ideal for cycling.

For more information

Tel: 0300 067 6600 Email: enquiries.central@forestryandland.gov.scot

Explore Scotlands Forest Parks

4 Argyll 1 Glenmore

5 Tweed Valley (3) Queen Elizabeth (6) Galloway



Use **#FoundMyForest** on your pictures and videos, and we'll share them on social media.

Find out more: forestryandland.gov.scot/qefp

For information on public transport services contact: Traveline Scotland, 0871 2002233 or www.travelinescotland.com

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Rowardennan

Rowardennan, which nestles at the foot of Ben **Lomond**, is literally the end of the road! It's the **perfect place to sit** awhile by the bonny banks of **Loch Lomond**, **enjoy an easy trail** through the woods or take on the challenge of climbing to the summit of this iconic peak.



Ben Lomond Memorial Trail

A gentle stroll to the shore of Loch Lomond, where there is a memorial sculpture to commemorate the Scots who gave their lives in the two World Wars.

Firm and smooth gravel surface throughout. Generally flat with short moderate ramps.







Sallochy

Relax beside **Sallochy's** pebbly beach with its sweeping Loch Lomond views or follow the waymarked trails to explore the beautiful woodlands that cloak the banks of the loch. The oakwoods here are over 200 years old.



Woodland Trail •••

A trail for all seasons through peaceful oak woodland along the Allt a Mhuitinn burn and past the ruins of Wester Sallochy.

Mostly firm gravel and grassy paths. Section of narrow earthy path with muddy patches. Some steep slopes on uneven ground. Includes a narrow bridge and road crossing.



Sallochy Trail

Climb through a delightfully varied woodland to the craggy viewpoint on Dun Maoil for spectacular views over Loch Lomond and the Arrochar Alps.

Largely firm gravel or grassy paths. Short section of rough, narrow earthy path with muddy patches strenuous 2 hours up to viewpoint. Long moderate slopes with some steep sections. Includes a road crossing.



2¾ miles / 4.3 km Allow





the woodlands or get eagle's eye views from the wooded foothills. 1½ miles $/2.5 \, \text{km}$



Balmaha

Visit the gateway to East Loch Lomond and discover its stunning loch shore, peaceful oakwoods and secluded islands, before climbing up through the **Balmaha Pass** to the summit of Conic Hill. You can also join the West Highland Way here.

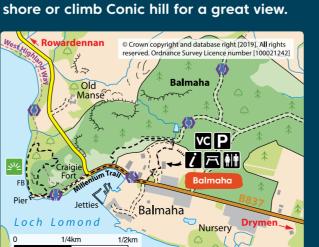
--- Millennium Forest Trail

Follow the oak-lined shore of Loch Lomond and climb up on to Craigie Fort, a magnificent viewpoint overlooking the loch, its islands and Ben Lomond.

Varied surface, including short rough rocky section. Some steep on loose gravel surface. Includes long flights of uneven rocky steps and two road crossings.



Discover the secret side of Loch Lomond on its picturesque eastern



Loch Katrine

Visit the **legendary loch** that inspired **Sir** Walter Scott and brought Victorian tourists to The Trossachs for the first time. Take to the water on a steamship, stroll or cycle the north shore and find inspiration of your own in stunning surroundings.



Brenachoile Trail

Follow the beautiful oak-laced shore of Loch Katrine to the wonderful viewpoint on Brenachoile Point. Learn how the landscape and its history inspired 'The Lady of the Lake'.

Wide, smooth tarmac surface with moderate slopes. Brief uneven grassy path to the view moderate 2½ hours point with short fairly steep slope.Includes gate and opening both 1.1m wide.



Climb up the primrose-covered hillside above Loch Katrine for some of the most spectacular views in the Trossachs. Look out at Ben Venue, Ben Lomond and the Arrochar Alps.

Long steep slopes for up to 400m on uneven grassy and rocky paths. Includes some muddy sections and a narrow kissing gate.



Allow 4½ hours

6½ miles

/ 10.5 km

4½ miles

/ 7.1 km

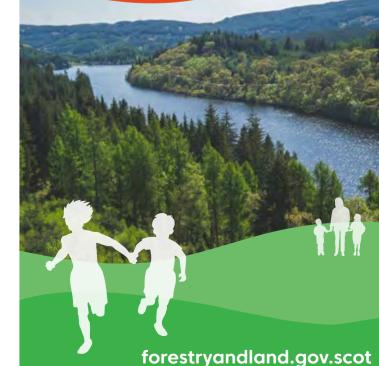
Allow





Queen Elizabeth Forest Park

Where the highlands and your forest adventure begins





With car parking, a great café, toilets and plenty of information, this is the ideal place to start exploring the Forest Park (and you'll find Go Ape here too). Enjoy panoramic views and scenic trails, including a gentle stroll to a waterfall and more strenuous routes to lofty woods and rocky crags.

Information

Parking (no charge)

Easy access facilities

Forest drive (charge)

Cafe / Refreshments

Picnic area

Caravan site

Campsite

Non FLS toilets

Non FLS shop

Non FLS bike hire

Non FLS information

Non FLS picnic area

Nature play area Wildlife viewing

Non FLS parking (charge)

Non FLS parking (no charge)

Non FLS easy access facilities

Non FLS cafe / refreshment

2 miles

2½ miles

 $/4.2\,\mathrm{km}$

-

Allow

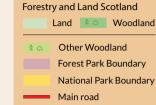
 $/3.4 \, \text{km}$

Shop

Parking (charge)

Stroll, swing, watch wildlife or just relax in the trees at The Lodge

Key to Maps



Secondary road Minor road Forest road Forest drive Track road

 National Cycle Network - Railway/Station Forest trails (colour waymarked) Start of forest trails

West Highland Way/ Rob Roy Way Other long distance trails Other points of interest

Please note: Any symbols that appear black indicate they are not Forestry and Land

Wide, firm gravel surface throughout, with some loose stones. Long gentle slope for 400m with some short moderate sections. Short section of uneven wooden boardwalk.

the clean air up here.

and one short flight

Largely firm gravel surface,

with a few uneven sections.

Several short steep slopes

Waterfall Trail 000

places to sit or play along the way.

Oak Coppice •••

A scenic walk through ancient oak woodland that is cloaked in velvety green lichens - a sure sign of

A pleasant stroll through the trees to a dramatic

waterfall that appears as if by magic. Plenty of



1.8 km Allow ½ hour

1¾ miles

/ 2.9 km

moderate 1 hour



Dukes Trail •••

spruce woods.







A fair climb through the forest to Lime Craig for magnificent views over the Carse of Stirling and along the Highland Boundary Fault.

Follow in the footsteps of the Duke of Montrose,

before passing through Achray Forest's stately

climbing above Duke's Pass for great views

Sustained steep slope for 700m up to Lime Craig, but largely firm gravel surface. Rough rocky section for strenuous 2½ hours next 250m up to viewpoint which can be avoided. Includes two bridges.

Allow

4 miles /6.6km

and play features there too.

Little Drunkie Trail

sound installations.

to sit along the way.

Wide, loose gravel path

throughout. Short moderate

slopes but plenty of places

Loch Drunkie Trail

Firm gravel surface with

Long moderate slopes

after rain.

surrounding hills.

Uneven rock and earth

paths with some muddy

patches. Long steep slopes

loop at the top also rough

along the forest drive.

and narrow. Beware vehicles

loose or uneven sections.

sections. Parts may be wet

Pine Ridge Trail •••

Wander out to the beautiful shore of Loch

Drunkie and discover a number of interesting

above where red squirrels can often be found.

A trail that winds up through the young pines for majestic views across Loch Drunkie and the

with loose stones. Optional strenuous

with some short steeper moderate

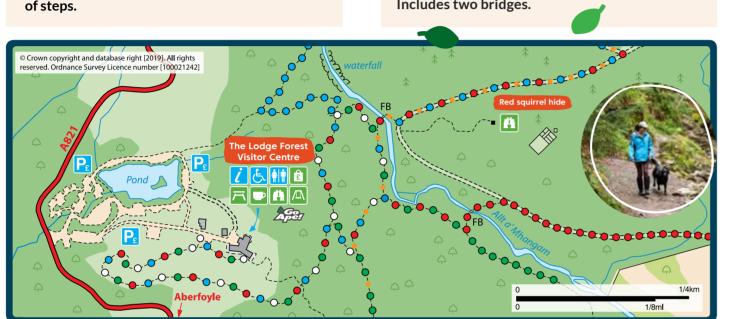
easy

1 mile /

1.5 km

¾ hour

Allow



Three Lochs Forest Drive This **circular drive** along quiet forest roads is a great way to see more of the forest and **stunning** Trossachs views. Park beside peaceful Loch **Drunkie** and enjoy an **easy stroll** or a **scenic** waterside picnic. You'll find accessible toilets Loch Achray Achray 34 mile / 1.2 km Allow ½ hour A charming walk along the oak-lined shore of Loch Drunkie, returning through the quiet woodland / 1.9 km Allow ¾ hour





Find these other trails at

Loch Achray Trail

Amble down through the birch along the Allt a' Cham-ruidhe stream to reach the shores of Loch Achray. It is a marvellous setting beneath the mountains of Ben Venue and Ben A'an.

Uneven rock and earth path. Several steep slopes and occasional muddy sections. Two bridges. Look out for vehicles along the forest drive.



1.2 km Allow

moderate

Take care on the hills

Please remember that the weather on the nills can change very quickly. Even in summer, conditions on the tops of hills are often much colder and windier than at low levels, despite



Loch Ard

Loch Ard is one of the most picturesque lochs in Scotland and a great place to start exploring the vast and varied **Loch Ard Forest**. The trails here are ideal for family strolls and cycle rides watch out for wildlife and surprising sculptures along the way!



Ben Lomond Viewpoint •••

Ascend through the conifers to a fine viewpoint overlooking the Forth Valley that delivers a view of one of Scotland's best-loved peaks.

Firm gravel surface with some loose and uneven sections. Steep slopes up to viewpoint, including one flight of steps. Look out for vehicles and other users.

moderate | 1 hour

Lochan Spling Trail

A scenic trail across the Duchray Water to a picturesque little loch that is teeming with wildlife, including some unusual creatures.

Firm gravel surface throughout, with some loose sections and moderate 1½ hours occasionally muddy patches. Some short fairly steep slopes. Includes one wide bridge.

Explore and enjoy Loch Ard Forest, there's always something to do for

everyone - whatever the time of year.

Loch Ard Sculpture Trail ••• Explore the picturesque shores of Loch Ard, Little Loch Ard and Lochan a' Ghleannin and look for some unusual sculptures. An ideal route for families, whether on foot or bike. 4¼ miles Firm gravel surface / 6.7 km throughout. Mostly wide Allow but with some muddy moderate 2½ hours and uneven sections. Long moderate slopes with several short steep sections. Look out for vehicles and other users. Eight Mile Loop ●●● A long loop through peaceful Loch Ard Forest, passing along the loch shore before climbing to reveal sublime views of Ben Venue and Ben Lomond. A great family-friendly cycle route.



Look for this symbo

each sculpture!





Aberfoyle village, on the edge of Loch Ard Forest, is known as the 'gateway to The Trossachs'. Explore tranquil woodland trails here on foot and by bike for spectacular views and wonderful wildlife - and perhaps an encounter with the fairy folk.



Doon Hill Trail •••

Climb to the top of Doon Hill to find a solitary Scots pine amongst the oaks. It is thought to mark the entrance to a Fairy Queen's underground palace.

Uneven gravel path with some narrow, rough rocky and muddy sections, as well as exposed tree roots. Long steep slopes onto Doon Hill.









A charming walk along the meandering River Forth and through the native oak woods of Easter Park. In spring there are bluebells and in autumn an array of fungi.

Sections of uneven earthy and rocky path with extensive muddy parts after heavy rain. Some fairly steep slopes. Includes a section of boardwalk, two bridges and low branches.



/ 5.9 km Allow

2¼ miles

 $/3.5 \, \text{km}$

1½ hours

Allow

Doon Hill is carpeted with fragrant bluebells in the spring

