

West Loch Lomond Cycle Path



This 17 mile cycleway and footpath takes you from Balloch at the southern tip of Loch Lomond to Tarbet. The path is traffic-free for most of the way, with only two short stretches on minor roads. It's suitable for cyclists, walkers, wheelchair users and horse riders.



The path begins and ends near railway stations, so you can travel the whole route and return by train or travel just part of the route and return the way you came.



TARBET

Tarbet is separated from the sea at Loch Long by a strip of land only 1.5 miles wide.

Viking raiders dragged their heavy boats across it to plunder the lochside settlements. The Clan MacFarlane met here by the light of the moon before setting off on cattle raids – around here the moon was known as MacFarlane's lantern.

If you've got time, why not take a cruise on the loch before catching a train to Glasgow or Fort William.

- Visitor information
- Toilets
- Bike racks
- Picnic area
- Food
- Accommodation
- Cruises



LUSS

In the 19th century, the local laird rebuilt this ancient village for his workers.

Explore the pretty streets, laze on the beach or walk in the rich woodlands on Luss Village Paths. You'll find out more about the village's history and traditions in the Luss Visitor Centre close to the cycle path or the Pilgrimage Centre by Luss Church.

- Luss Visitor Centre
- Luss Pilgrimage Centre
- Luss Village Paths
- Toilets
- Bike racks
- Food
- Accommodation
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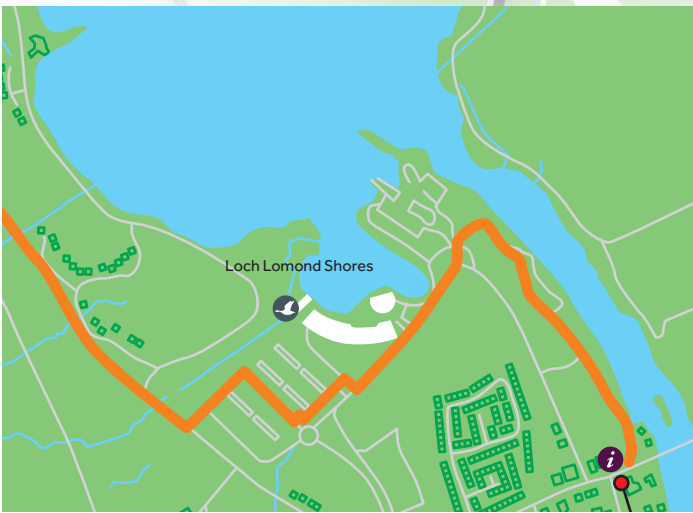
BALLOCH

Balloch (from Gaelic bealach, meaning place of passing) is the southern gateway to the National Park and the gateway to Loch Lomond.

It has a wealth of attractions and facilities including the National Park Gateway Centre, Loch Lomond Shores and Balloch Castle Country Park as well as cycle and canoe hire, shops, restaurants and hotels.

- Loch Lomond Shores
- Balloch Castle Country Park
- Bike hire
- Canoe hire

- Food
- Accommodation
- Toilets
- Cruises



FIRKIN POINT

The old road at Firkin Point is clasped between dramatic mountains.

Look out for the old tollhouse, where drovers and other travellers had to pay to use the road.

You'll travel by ancient oakwoods. Listen for woodpeckers, and watch redstarts and pied flycatchers feasting on the plentiful insects.

- Toilets
- Picnic area
- Bike racks
- Woodland walk



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GETTING HERE IS EASY

BY CYCLE, BUS OR CAR

Luss is on the A82 from Glasgow to Fort William. It's 8 miles north of Balloch on the West Loch Lomond Cycle Path and is readily accessible by bus from Glasgow, Balloch, Crianlarich and Argyll. For more information on public transport services, pick up a copy of 'Exploring the National Park by ferry, bus or train' or contact Traveline Scotland on tel: 0871 200 2233 or www.travelinescotland.com.

REMEMBER

Please remember that the houses in the village are private residences set in a working landscape.

- Please respect residents' privacy
- Avoid disturbing livestock
- Keep dogs under control at all times
- Take your litter home
- Avoid all risk of fire
- Use gates and stiles to cross fences, walls and hedges

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

Whether you're in the outdoors or managing the outdoors, the key things are to:

- take responsibility for your own actions
- respect the interests of other people
- care for the environment.

Visit outdooraccess-scotland.com or contact your local Scottish Natural Heritage office.



KNOW THE CODE BEFORE YOU GO
outdooraccess-scotland.com

A NATIONAL PARK FOR EVERYONE

It's the nation's park. To discover, to explore, to enjoy. It's all about finding your own space. And then choosing what you do with it...

There is so much to enjoy in Loch Lomond & The Trossachs National Park – woods and forests, wild flowers and wildlife watching, watersports, climbing or just taking in the view.

There's always something to do. Whether you love adventure or prefer more passive pastimes, you'll find an activity to suit.

If you would like further information about paths in the National Park please contact:

Loch Lomond & The Trossachs National Park Headquarters, Carrochan
Carrochan Road, Balloch, G83 8EG
Tel 01389 722600
email: info@lochlomond-trossachs.org
web: www.lochlomond-trossachs.org

Large print version of this leaflet is available on request

The cycle path project was made possible through generous input from:



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West Loch Lomond Cycle Path



Spend an hour or a day on this mainly traffic-free path for cyclists and walkers from Balloch to Tarbet

Good for you, your pocket and the environment!

lochlomond-trossachs.org

Welcome to the West Loch Lomond Cycle Path

In the footsteps of drovers...
FROM BALLOCH TO TARBET

Travel in the footsteps of drovers as you cycle or walk through some of Scotland's most romantic countryside. This 17 mile cycleway and footpath takes you from Balloch, on the edge of the Lowlands, to Tarbet in the Highlands by the banks of Loch Lomond.



Unlike the old drove roads, this cycle path is level and purpose-built for modern travellers. It follows dedicated paths except for two short stretches on minor road at Duck Bay and approaching Luss and on disused road north of Firkin. The cycle path begins and ends near railway stations, so you can travel the whole route and return by train, or just travel a short way before heading back on the same path.



A GOOD CYCLING CODE

The West Loch Lomond Cycle Path is a shared use path used by cyclists, walkers, wheelchair users and, in places, horse-riders.

When you cycle please...

... be courteous

- cycle with respect for others and acknowledge those who give way to you
- give way to pedestrians, leaving them plenty of room and watch out for dogs
- be prepared to slow down or stop if necessary
- don't expect to cycle at high speeds
- be careful at junctions, bends and entrances
- remember that many people are hard of hearing or visually impaired – don't assume they can see or hear you
- carry a bell and use it or call out – don't surprise people
- give way where there are wheelchair users or horse-riders

... look after yourself and the environment

- check your tyres and brakes before you ride
- always cycle within your capabilities – consider wearing a helmet
- on roads, always follow the Highway Code
- keep to the path to avoid erosion
- take your litter home.

TAKE A RIDE

Cycling is good for you, your pocket and the environment. It's a great way to keep fit – it gets your heart pumping and can reduce your chances of developing heart disease, diabetes and osteoporosis. A 17 mile cycle-ride burns up to 300 calories!

By cycling rather than driving you'll save pounds too and it doesn't cause pollution or contribute to global warming. Thank you for using this environmentally friendly form of transport to explore the National Park.



Total length
27.2 km
(17 miles)
Balloch to Luss
13.7km (8.5 miles)
Luss to Firkin
9.2km (5.7 miles)
Firkin to Tarbet
4.3 km (2.7 miles)